



Catering With A Personal Touch

*Welcome to Carmela Marie's Complete Menu of offerings. Our sample menus were designed for a special occasion in mind, but we welcome the opportunity to work with you on a customized menu. Please consult the following complete menu for additions and substitutions based on personal preference. Each item listed can be purchased by the pound, as a tray or as a platter. After all, Carmela Marie is catering with a personal touch!*



## *Carmela Marie*

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*John Salerno  
CEO*

*Betsy Tooker  
President*

*Patrick Noury  
Executive Chef*



## *Hors D'Oeuvres*

Fresh Fruit Platter with Bavarian Cream Dip

Garden Vegetable Platter with Ranch Dip

Assorted Cheeses and Pepperoni  
Served with Crackers

Jumbo Shrimp Cocktail  
Served with Lemons and Cocktail Sauce

Petit Beef Wellington

Bruschetta with Roasted Tomatoes, Fresh Basil,  
and Mozzarella and Goat Cheese

Asparagus Tips with Prosciutto

Cherry Tomatoes Stuffed with Cheese

Beef or Turkey Pin Wheels

Portobello Stuffed Mushrooms  
Spinach and Cheese  
Crabmeat and Cheese  
Italian Sausage and Cheese

Marinated Chicken on a Skewer

Marinated Teriyaki Beef on a Skewer

Cocktail Meatballs

Marinated Pulled Pork

Maryland Lump Crab, Shrimp or Scallop Cakes

Salmon Cakes

Coconut Crusted Shrimp

Jumbo Scallops Wrapped in Bacon

Filo Pastries

Quiche Minis with Spinach and Cheese

## *Table Station*

Beef Tenderloin Oven Roasted  
Served with Horseradish Crème

Prime Rib of Beef with Au Jus  
and Horseradish Crème

Pork Loin with Dijon Glaze  
and Apple Chutney

Roasted Breast of Turkey  
with Cranberry Chutney

Honey Glazed Ham  
Finished with a Raisin and Hiaasen Sauce

Tortellini Pasta  
Served with a Choice of Vodka Sauce and  
Mushroom Alfredo

Raw Bar with Assorted Sushi

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## Party Platters

Fresh Fruit Platter with Bavarian Cream Dip

Garden Vegetable Platter with Ranch Dip

Assorted Cheeses and Pepperoni

Served with Crackers

Cooked Shrimp

Served with lemon wedges and cocktail sauce

Seafood Platter

Cooked shrimp and imitation crab salad with cocktail sauce and garnished with lemon wedges

Tomato and Mozzarella Platter

Fresh mozzarella cheese layered with ripened tomatoes and fresh basil; served with extra virgin olive oil

Classic Cold Cut Platter with Kaiser Rolls

Ham, turkey, roast beef, Genoa salami, American, provolone and Swiss cheese

Appetizer Platter

Mozzarella sticks, chicken wings, honey seasoned chicken bites, buffalo BBQ wings and dipping sauce

Gourmet Salad Sampler

Homemade salad tray with your choice of potato salad, coleslaw, macaroni salad

Deviled Egg Tray

Finger Roll Tray

Fresh baked finger rolls filled with gourmet salads which may include chicken, ham, tuna, egg or seafood

Wrap Platter

Fresh made wraps with a choice of sliced ham, turkey, roast beef or select from our gourmet salads which include chicken, ham, tuna, egg or seafood

Sushi Vegetarian Platter (16 Pieces)

Including Cucumber Roll (4 pcs), Avocado Roll (4 pcs), Cucumber and Squash Roll (4 pcs), and Vegetable Roll (4pcs)

Sushi California Roll Platter (20 Pieces)

Nigiri Sushi Combo Platter (40 Pieces)

Tuna Nigiri (4 pcs), Yellowtail (4 pcs), Salmon Nigiri (4 pcs), Shrimp (4 pcs), Cucumber Roll (6 pcs), California Roll (6 pcs), Vegetable Roll (6 pcs)

Fresh Baked Muffin Sampler

Muffin varieties may include blueberry, chocolate chip, raisin bran, peach, cinnamon and corn

Bagels and Cream Cheese Platter

Bagel varieties may include plain, sesame, cinnamon raisin, blueberry, pumpernickel and egg

Assorted Cookie and Brownie Tray

Assortment of chocolate chip cookies, raisin oatmeal, peanut butter cookies along with gourmet brownies

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## *Salad*

### *Garden Salad*

Romaine lettuce tossed with a fresh vegetable medley and served with your choice of dressing

### *Mixed Field Green Salad*

Mixed greens with dried cranberries, walnuts, crumbled blue cheese served with balsamic vinaigrette on the side

### *Caesar Salad*

Romaine lettuce, croutons, parmesan cheese served with Caesar dressing; grilled chicken optional

### *Chicken Salad with Grapes*

Mixed greens with red and green seedless grapes and pecans

### *Waldorf Chicken Salad*

Mixed field greens, chicken breast, seedless grapes, granny smith apples, candied walnuts, celery and Gorgonzola cheese. Tossed with your choice of balsamic vinaigrette or blue cheese dressing

### *Spinach and Gorgonzola Salad*

Baby spinach, gorgonzola cheese, Belgian endive, pears, walnuts tossed with balsamic vinaigrette

### *Cobb Salad*

Lettuce, smoked bacon, avocado, grilled chicken, diced tomatoes, chopped egg, basil and Gorgonzola cheese served with ranch or blue cheese dressing

### *Strawberry Pignoli Salad*

Red and green leaf lettuce, pine nuts, goat cheese, strawberries, served with strawberry blush dressing

### *Tomato and Mozzarella Salad*

Sliced tomatoes, fresh mozzarella and extra virgin olive oil

## *Soup*

New England Clam Chowder

Rhode Island Clam Chowder

Italian Wedding Soup

Pasta Fagioli

Apple Squash

Corn Chowder

Cream of Broccoli

Cream of Asparagus

Chicken Noodle

Chicken Gumbo

Grilled Chicken Corn Chowder

Southwest Chicken

Escarole of Bean

Beef Stew

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## *Chicken Entrees*

Chicken Cordon Bleu

Chicken Florentine

Chicken Parmesan

Chicken Marsala  
sautéed with Mushrooms

Chicken Picatta  
sautéed in a Lemon Caper Sauce

Chicken Franchise

Honey Dijon Mustard Chicken

Chicken Pot Pie

Stuffed Chicken Breast  
with Broccoli and Mozzarella Cheese

Sweet Bourbon Seasoned Chicken

Steak House Seasoned Chicken

Marinated Chicken

## *Fish Entrees*

Baked Stuffed Shrimp Drawn in Butter

Scrod with Broccoli and Cheese

Filet of Sole Stuffed with Crab

Boudreaux Lime Glazed Salmon

Sautéed Shrimp and Sea Scallop Risotto

Jumbo Crab Cakes  
with Lemon Herb Remoulade

Stuffed Flounder with Crabmeat

Potato Crusted Cod with Cheddar Cheese

Panko Crusted Sea Bass

Stuffed Lobster Tails

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## *Meat Entrees*

Peppercorn Crusted NY Strip

Roasted Prime Rib

Grilled Tenderloin of Beef  
with a Wild Mushroom Sauce

Steak House Seasoned Beef Sirloin Tips

Beef Wellington

Rolled Roast Beef with Au Jus  
and Horseradish Crème

Garlic and Rosemary Roast Pork Loin

Stuffed Pork Pin Wheel

Veal Medallions  
served with Wild Mushrooms in Cream

Rack of Lamb

Duck with Orange or Plum Ginger Glaze

## *Pasta Entrees*

Baked Rigatoni  
served with Meatballs or Sausage

Baked Ziti with Ricotta Cheese  
or Meat Sauce

Stuffed Shells

Cheese Ravioli

Tortellini Alfredo  
served with Broccoli and Chicken

Baked Lasagna with Meat Sauce



## *Vegetarian Entrees*

Rolled Eggplant  
Eggplant Parmesan  
Vegetarian Lasagna

## *Vegetable*

Marinated Grilled Vegetables  
Baby Carrots and Peas  
Sautéed Zucchini, Tomato and Yellow Squash  
Baked Asparagus  
Herbed Roasted Roma Tomato  
Fresh Green Beans in Herb Butter  
Sautéed Broccoli Spears  
Baked Eggplant, Tomato and Onion Gratin  
Green Bean Casserole  
Corn Soufflé

## *“Comfort Food”*

Quesadilla  
Chili  
Chicken Casserole  
Chicken Divan and Broccoli  
Sheppard's Pot Pie  
BBQ Chicken  
BBQ Baby Back Ribs

## *Starch*

Oven Roasted Potatoes  
Garlic Mashed Potatoes  
Red Bliss Whipped Potato  
Tri-Color Oven Roasted Potatoes  
Risotto  
Rice Pilaf  
Baked Potatoes  
Macaroni & Cheese  
Baked Beans  
Fresh Baked Bread  
Served with Butter

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## Dessert

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|-------------------------------|--|
| Apple Crumb Bars              | Cookies  |
| Baklava                       | Chocolate Chip, Oatmeal Raisin, Peanut Butter, Sugar                       |
| Black Forrest Cake            | Cheesecake   |
| Boston Coffee Cake            | Traditional, Chocolate Swirl, Raspberry Swirl,<br>Key Lime, Mango, Pumpkin |
| Banana Cream Pie              | Éclairs  |
| Boston Cream Pie              | Key Lime Pie   |
| Brownies                      | Lemon Bars   |
| Cannolis                      | Original Boston Coffee Cake  |
| Plain and Chocolate Chip      | Seven Layer Bars   |
| Carrot Cake                   | Strawberry Shortcake   |
| Chocolate Cream Pie           | Strudel Bites  |
| Chocolate Layer Cake          | Tiramisu Layer Cake  |
| Chocolate Mousse Pie          | Truffle Mousse Cake  |
| Chocolate Peanut Butter Pie   | Wedding Cake   |
| Chocolate Dipped Strawberries | Gourmet Coffee and Assorted Teas   |



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